



Satyam Vada

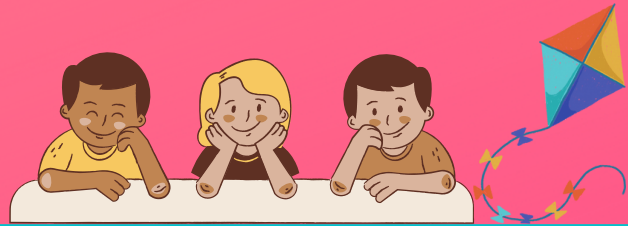
August 2022

Dharmam Chara

Children of SAI

Sri Sathya Sai Balvikas
e-Herald

Education is for Life,
not for a living
-Baba



Dear Sai, Our Humble Pranams at your Lotus feet. We, the Children of Balvikas pray to you Swami, to accept our small offering "The SSS Balvikas e-Herald"

From our SEC's Desk

Sairam all! I am grinning ear to ear just imagining you all reading this. It is a wonderful feeling to be able to connect with our children through this e-zine. Just yesterday, in a zoom call the participants need not recognize who I was and I had to switch the camera on (which i surely did not enjoy) and the worst is yet to come! After seeing me, someone said- oh! you areaunty' s daughter! Just imagine my cringe moment. I was a teenager just like you -when I saw the quote "Mother is the visible deity", in the South Indian canteen and had no idea what that meant. I could not imagine my mother to be God. But my mother indeed was a wise woman. She has till today not given me a word of advice. All she did was point a finger towards Swami and the rest as they say, is my life. Swami has been with me every step of the way guiding me, guarding me and protecting me. My single prayer for you today-May Sai be with you at every step of your way and then there will no doubt, be a spring in every step of yours!

- Uttara Raghunathan, SEC TN (N)

Love you
Swami

Our dear Swami's advent happened in Puttaparthi on November 23, 1926. The chosen parents Easwaramma and Pedda Venkappa Raju are ever enshrined in our hearts with gratitude. From then on, the Avatar relentlessly strived for our transformation and thereby our redemption.



“ God transcends the Gunas. He is without form and unchanging. He is beyond all thoughts and fancies. He is eternal, pure , Omniscient and infinite. There is nothing, not even an atom in the world without the Divine. He is all pervading and Omnipresent. He transcends time, space, and circumstances.

Faith in God should express itself in Godly life. I want to know that you have thoroughly transformed yourself. It is such transformation which is mark of true devotion. If the ground is not wet, what is the use in saying there has been a downpour?" -Sri Sathya Sai Baba

The boundless ocean of compassion that Swami is, He took birth in a remote village and lived a spartan life, for our sake. He criss-crossed the entire nation, consoling, curing, caring and comforting lakhs of people to the right royal path of Values that would ultimately lead to their liberation and eternal bliss.

Food for Thought

9 Daily Habits to Cultivate



MORNING PRAYER

SILENT SITTING

RESPECT TO ELDERS

PRAY BEFORE MEALS


1 BHAJAN A DAY

DONOT WASTE
RESOURCES

HELP ELDERS

SPEND TIME WISELY

NIGHT PRAYER



*Prayer:
Just as a bath is
important
to clean the body,
regular prayer is
important
to cleanse
the mind!*



"Swami says" **Energy is a Divine Gift**

Spiritual practice consists of speaking good, thinking good, seeing good, hearing good and doing good. Excessive talking must also be avoided, as it is a waste of energy. When one gets weak due to wastage of energy, he is prone to get angry and develop hatred. You must therefore use your God-given energy for good purposes.

Energy is a Divine gift. By curtailing unnecessary talk and keeping silent, you can conserve energy.

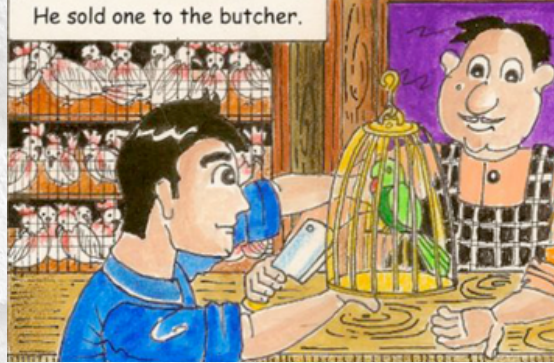
"TALK LESS & WORK MORE" is the golden rule to be adopted.



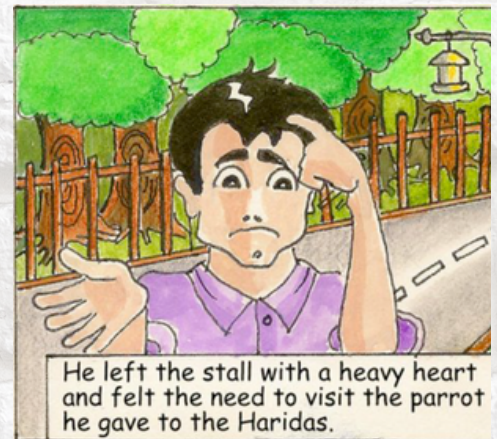
THE COMPANY YOU KEEP



Once a hunter captured two beautiful parrots.



6 Months Later!
the hunter happened to pass by the side of the butcher's stall. He visited It but was repulsed by the words that came out of It's mouth



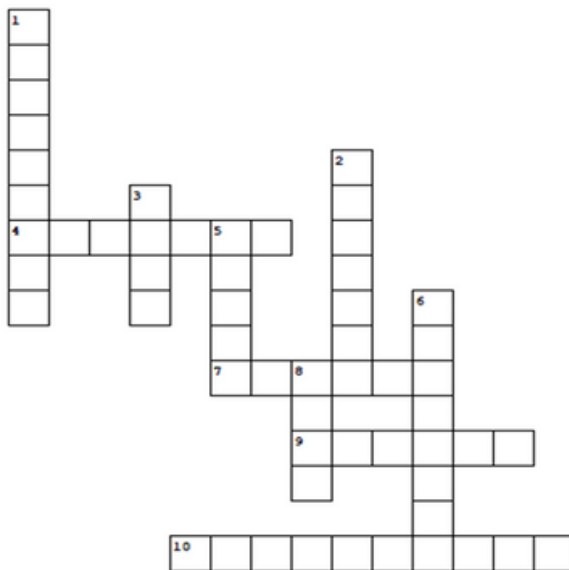
HE MARVELLED AT THE WORDS UTTERED BY THE TWO PARROTS WHICH WERE POLES APART IN THEIR TONE, TEMPERAMENT AND CONTENT. IT IS THE ENVIRONMENT AND CONSTANT COMPANY IN WHICH WE GROW UP THAT MAKES ALL THE DIFFERENCE. THEREFORE, WE MUST CHOOSE THE RIGHT COMPANY AT ALL TIMES.

Therefore, we must choose the right company at all times!

LIFE IS A GAME PLAY IT!



SWAMI'S SAYINGS



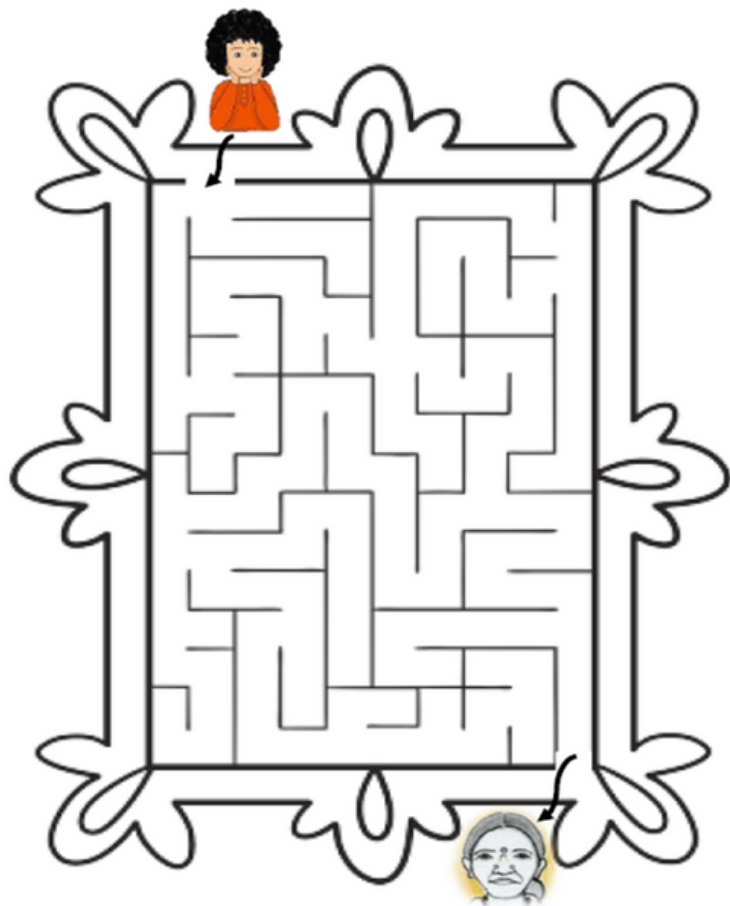
Across

4. LOVE AS _____ IS TRUTH
7. LISTEN AND _____ ARE TWO WORDS WITH SAME ALPHABETS. BOTH ARE FOR SPIRITUAL SEEKERS.
9. THE ROOT IS EDUCATION AND FRUIT IS _____
10. WISDOM IS ACQUIRED BY _____

Down

1. _____ IS THE TRUE ORNAMENT OF MAN
2. LOVE IS TO GIVE AND _____
3. WORK IS WORSHIP. _____ IS GOD.
5. _____ THAT HELP ARE HOLIER THAN LIPS THAT PRAY
6. PATIENCE IS JUST NOT THE ABILITY TO WAIT. BUT THE ABILITY TO KEEP A GOOD _____ WHILE WAITING
8. _____ IS SELFLESSNESS

Find a way to help Young Sathya to Reach Easwaramma !!!





BHAJANA BINA SUKHA SHANTHI NAHIN



Our Swami is Ganalola and Gana priya. He is easily moved with pure Bhakti alone. Swami has made bhajan singing as the single most important Sadhana and that is why we have Bhajan singing as one of the "9 point code of conduct".

Swami says "You should sing whole heartedly with the desire to please God. God makes no distinction between a proficient musician and a beggar in the street. It is the devotion and sincerity that matters. Merge your soul in the bhajan you sing. Spiritualize your bhajan singing. then you will experience the real bliss"



Once Emperor Akbar asked his court musician how he would account for the fact that a wayside beggar's music moved him more profoundly than the music of the state musician.

The latter replied that while the beggar sang from the heart to please God, his music was constrained by the desire to please the Emperor.

I love Shlokas

A *Brahma*

U *Vishnu*

M *Shiva*



Aumkaaram Bindu Samyuktam
Nityam Dhyaayanti Yoginah
Kaamadam Mokshadam Chaiva
Aumkaaraaya Namoh Namah

- ✓ Primeval sound AUMKARA that is emerged from 5 elements
- ✓ Aum encompasses all the names and forms of God
- ✓ The direct telephone number of God
- ✓ Engine to a train

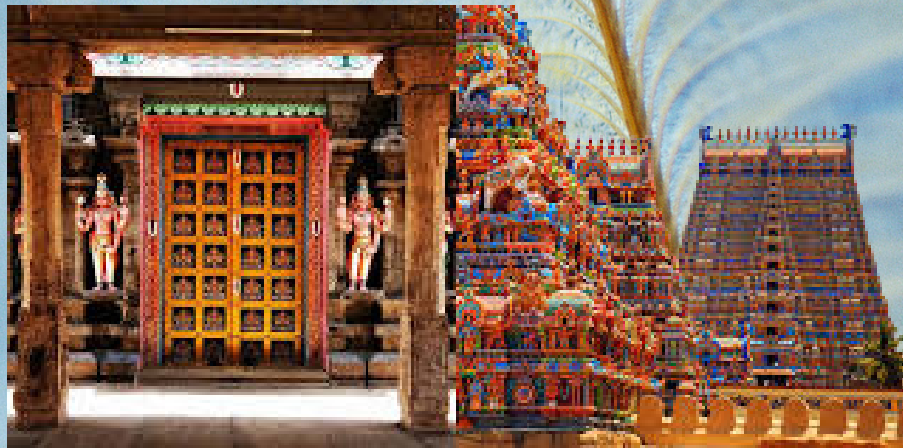
Find the Bhajans

1. 🗑️ nama ⭐️ 🤔
2. 🗑️ 👩 🗑️ 👩 🗑️ 👩 🗑️
3. 🛏️ u 👶 🙌 🛏️ 👶
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Journal Writing(150 words)

In Order to stay Mindful,

One must _____



FIND THE PLACE

- Hindu Temple glorified by ALVARs
- Among the 108 Divya Desams
- 81 SHRINES, 21 TOWERS, 39 PAVILIONS
- Nominated as a UNESCO WORLD HERITAGE SITE
- On an Island between the Kollidam and Kaveri rivers



Nostalgia

Character Building

Swami fulfils every Spiritual yearning!

One Thursday in August, I had just finished decorating the altar at Sundaram, when I felt an intense desire to sing on Swami's birthday.

However I knew that my chances were slim, as all the senior bhajan singers would be present.

On 18th of November, it so happened that I got a chance to sing "Dasaratha nandana Sri Ramachandra" during the Sunday bhajans. The bhajan group and many of the devotees appreciated the singing. In my mind, all I thought was that "Swami, all these devotees understand my potential to sing but you don't".

On 22nd of November, a Thursday, once I had finished the altar decorations, I was still crying from my inside asking Swami if he really doesn't want me to sing. Just as I did namaskaram after finishing the decorations, I received a message from one of the brothers from the bhajan group, asking me to sing that same bhajan on Swami's birthday.

The next morning I suddenly lost my voice and prayed to Swami to sing through me. The Sai brother, who was to sing with me, started the bhajan on a scale higher than the usual and only Swami sang through me. Tears of gratitude rolled down my eyes even as we sang. I was also chosen to cut Swami's birthday cake.

That day changed my life forever. My intense yearning for Swami totally comes from my Balvikas education, which has transformed me into a Sai Student.

- S Sainath Satish

Balvikas Alumnus, Besant Nagar

Our Balvikas used to happen in a school. Our Balvikas aunty used to come 15 minutes earlier to set up for the class, so I used to make it a point to reach the class 20 minutes earlier and wait for her as I wanted to sweep the area and help her to arrange

Swami's photo, flowers and lamp for the class. I totally admire my Guru, who never got angry even if someone irritated her, instead she used to calmly narrate a moral story relating to the ill behavior.

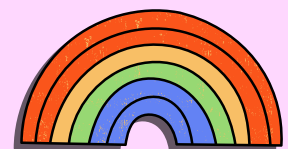
Today, my greatest inspiration to become a Balvikas guru is my Guru.

I still remember an incident that happened once in our samithi when, during my 12th std, on a Narayanaseva day, we were distributing a mango along with curd rice and chips. It was all over and each one of us (members) were given 2 mangoes as there were many and we were vacating the place when suddenly a man in ragged clothes came there and requested for food. But he was asked to go, as everything was over. But I rushed inside the room and picked my 2 mangoes and handed it to him.

This was how balvikas moulded me even from my school days.

During my balvikas days, during an annual day, I was awarded with "The Best Student" award. The main considerations for the award was based on punctuality, regular attendance for Nagarsankeertan, Narayanaseva, Gramaseva and Bhajans. Thanks to my Mother and Guru who always inspired me.

- Smt. Uthra Chandhiramouli
Guru, Velachery samithi





Dear Swami, by your divine grace on all of us, we, your children, have passed our 10th and 12th board exams with flying colours including those who have benefited from Sri Sathya Sai tuitions.

We love you Swami!

All that we want forever is your constant presence in our lives .



JAI SAI RAM

**Kindly send all your feedbacks, enquiries,
correct answers, journal writings to:
ssscmbvejournal@gmail.com**