



## Sri Sathya Sai Seva Organisations, Tamil Nadu (North)

State: Tamil Nadu North

Month: May 2026

### Unique Programs for the Month of May 2026

#### 1. Eswarambha day celebrations

Eswarambha day was celebrated on 6th May with great devotional fervor across all centres on TN North districts. Aumkaram, Suprabhatam and special bhajans was held in Sundaram, Sai Nivas, Sai Pushpanjali, Sai Krishna, Sai Sahara and various other centres.

#### 2. SLOBs Conference - Back to Basics

The 2-day SLOB conference – Back to Basics was held on 23<sup>rd</sup> and 24<sup>th</sup> April at Sai Aravind Community Hall Chennai. The All-India President, National Seva Coordinator Sri Koteswara Rao for Gents and Dr. L Sasibala National Seva Coordinator for Mahilas attended the function. Trustees of State trust, Joint National Seva Coordinator, State President, District presidents, DLOBs, SLOBs, Convenors attended the function. Presentation by all the various wings and district presidents were done.

### Spiritual Wing Activities

#### 3. Chennai West

##### • Back to Basics – Interactive Session with Dr. Prasanna Sai Venkateshwaran

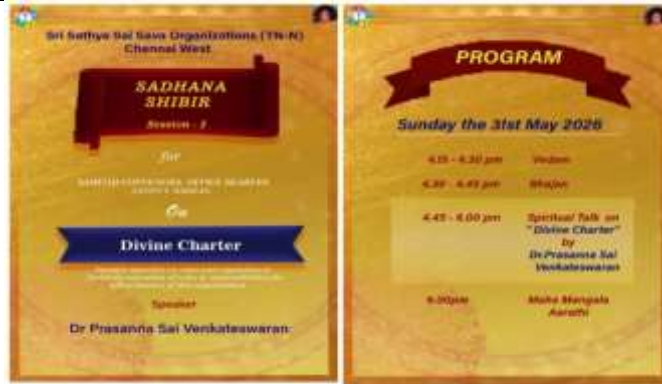
As part of the district-level Back to Basics initiative, an interactive session was conducted at Sai Pushpanjali, T. Nagar in May 2026 by Dr. Prasanna Sai Venkateshwaran for Convenors, Samithi Office Bearers, and District Level Office Bearers. The program offered valuable guidance on fundamental principles, organizational guidelines, and the effective functioning of Samithis and Bhajan Mandalis, while providing clarity on the roles and responsibilities of office bearers. Drawing inspiration from Swami's teachings, Dr. Prasanna emphasized unity, discipline, teamwork, humility, and selfless service as the cornerstones of organizational activities. The session served as a meaningful refresher on Sai organizational ideals, strengthening collective understanding and inspiring participants to discharge their responsibilities with renewed commitment, devotion, and purpose.

##### • Sadhana Shibir – Divine Charter Session

On 31 May 2026, a Sadhana Shibir was conducted at Sai Pushpanjali, T. Nagar for Samithi Convenors and Office Bearers, featuring a thought-provoking session by Dr. Prasanna Sai Venkateshwaran on the Divine Charter, rooted in Swami's teachings and the guiding principles of the Sri Sathya Sai Organisation. The session offered valuable insights into leadership, accountability, and service, reminding participants that every role within the Organisation is a sacred responsibility to be carried out with love, integrity, and dedication. Drawing from Swami's discourses, Dr. Prasanna encouraged office bearers to uphold organizational values while working harmoniously towards the mission of spiritual upliftment and selfless service.



## Sri Sathya Sai Seva Organisations, Tamil Nadu (North)



- **Vedha Poshana – Loka Kalyana Prayers**

On 27 May 2026, Vedha Poshana was conducted at Sai Pushpanjali, T. Nagar, where devotees gathered in prayerful devotion to chant the Vedas for Loka Kalyana—the peace, prosperity, and well-being of humanity. The collective chanting created a spiritually uplifting atmosphere, filling the surroundings with sacred vibrations and fostering unity and devotion among participants. The program served as a reminder of Swami’s emphasis on preserving and practicing Vedic wisdom to promote righteousness, harmony, and universal welfare. Through this sacred offering, devotees reaffirmed their commitment to upholding and propagating the timeless values enshrined in the Vedas.



#### 4. Nagapattinam

- On 06.05.2026 Eswarambha Day, as a part of celebration – Pada Pooja celebration was conducted at Poraiyar Samithi. Children did Pada Pooja for their parents at Samithi.





## Sri Sathya Sai Seva Organisations, Tamil Nadu (North)

### 5. Chennai North

- May 01 – Sri Sathya Sai Divya Akhanda Jyothi at Agaram Samithi.
- May 06 – Eswarambha Day Celebrations at Sri Sathya Sai Nivas with Special Bhajans.
- May 31 – Ekadasha Rudra Parayanam at Purasaiwalkam Samithi.

### 6. Chennai East Coast

- Mahilas day celebrations on 19th May 2026 – Sai Sahasranama Archana at all Samithis

### 7. Mayiladuthurai

- On Eswarambha Day on 6th May 2026, Mayiladuthurai Samithi organized a Padha Pooja program in which Bal Vikas children performed Padha Pooja to their parents and received their blessings.



- We received Swamy's Divya Jyothi (Divine Flame) from Chennai North District at the central point of Villupuram on 8 May 2026. Thereafter, the Divya Jyothi was taken in a rally across the district, visiting Samithis and Mandalis.



- We started Nagar Sankeertan from Karaimedu Bhajana Mandali for the first time on 25.05.2026. Residents of the village actively participated in the Nagar Sankeertan. Mandali planned to hold Nagar Sankeertan every Monday.

### 8. Chennai Northwest

- Special Satsang at Sai Sahara Samithi by Mr T Ravi Kumar, Brindavan warden on May 15<sup>th</sup>
- Omkaram, Suprabhatam daily online continuing.
- Pradosha kala pooja on 14th at Gill Nagar & on 28th May at Chinmaya Nagar Samithis



## Sri Sathya Sai Seva Organisations, Tamil Nadu (North)

- Sahasranama Archana on 19th & 20th online by all Samithis.
- Guindy temple Veda chanting on 7<sup>th</sup> May
- Special Bhajan on account of Eswarambha day on 6th May at Sai Charanam
- District Nagar Sankeertan at Chinmaya Nagar Samithi on 31st May.

### 9. Puducherry

- 01/5/2026 - Sri Sathya Narayana Pooja conducted as District Programme at Sai Krishna on account Buddha Poornima day. Around 30 members attended the programme and got the blessings.
- 30/5/2026 - Sri Sathya Narayana Pooja conducted as District Programme at Sai Krishna on account of full moon day. This is second pooja this month. Around 40 members attended the programme and got the blessings.



- 06/5/2026 – Eswarambha Day was celebrated in all Samithis with special programmes like Bal Vikas children performed the Mathru Pooja to their parents and special Bhajans etc.
- 19/5/2026- Mahilas Day celebrated at Sai Krishna as District Level Programme. Lalitha Sahasranama Parayanam and Devi Bhajans offered at the Lotus feet of our beloved Bhagwan.
- 20/5/2026-- Sathya Sai Sahasranama Archana performed on Thiruvadirai Star Day at Sai Krishna for world peace.
- Every Friday discourse on Abhirami Anthathi by an eminent Tamil Scholar was arranged at JIPMER Samithi. Parents of Bal Vikas students and public participated.
- Every Wednesday online Sathsang on “Viveka Chudamani” authored by Sri Adi Sankaracharya was conducted by JIPMER Samithi.
- Online Sathsang on every Tuesday at JIPMER Samithi- Topic “Prasna Uttara Vahini”

### 10. Chennai Southeast

- Mathrupooja conducted at Adopted village on 31.05.2026 on district level.
- A special interactive session among members on the topic “Eswarambha, the chosen mother” was conducted on 2nd May, Study circle on Baba’s statement “See me in All Names and Forms, don’t change the form after worshipping me” on 30th May was carried out along with KB Nagar.



## Sri Sathya Sai Seva Organisations, Tamil Nadu (North)

### 11. Tiruvallur East

- Family chanting of Ashtotram (everyday) has been taken up by members of Senthil Nagar, Porur and Ennore Samithis as part of Bhagavan's Centenary Birthday Celebrations
- Regular bhajans are being conducted at some of the adopted villages
- Eswarambha day was celebrated with weeklong activities starting from beginning of May month in many Samithis with cultural programmes, Matru Pooja etc.
- Sri Sathya Sai Prema Jothi was reverentially received in the district and travelling to all Samithis, where devotional programmes are held.

### 12. Cuddalore

- Mahila day bhajans are done in all Samithis.
- 100 house bhajans started in Samithis.
- Study circle done in 4 Samithis
- Conducted Ekadasa Rudra parayanam and Homam in Neyveli Samithi
- Weekly online Vedam classes and Bhajan training classes in Neyveli Samithi.

### 13. Chennai South

- Vilakku Pooja by Sai Nagar Samithi at Muthu Mariamman Temple on 1<sup>st</sup> May. 20 Mahila members participated.
- Sri Srinivasa Kalyana Vaibhavam by Triplicane Samithi as part of Centenary Celebrations of Bhagawan on 3<sup>rd</sup> May. 50 members participated.

### Service Wing Activities

#### 14. Chennai West:

- **Summer Seva – Buttermilk Distribution**

As part of Eswarambha Day celebrations and the district's Summer Sadhana initiative, multiple Samithis carried out Buttermilk Distribution Seva across Chennai during May 2026.



#### 15. Chennai North:

- Narayana Seva at Sai Nivas every Sunday, around 300 beneficiaries. General Public, Children's Hospital, Village Bal Vikas.
- 100 kg of Sai Protein given every month to neonatal mothers for the past one and a half years and to the cancer ward for the past three months at Govt. Egmore Children's Hospital.



## Sri Sathya Sai Seva Organisations, Tamil Nadu (North)

- Skill Development classes are happening every weekend in 8 skill development centers across the district. Aari, Japanese N5 classes, CEO exams training, Spoken English, Beautician course, Hindi tuition, Plumbing, Electrician, SQL and Python classes, Tally classes, Yoga classes are being conducted.
- May 23 – Free Cataract Eye Screening camp conducted by Ayanavaram, RBI, Purasaiwalkam, Kilpauk Samithis and Sidco Nagar BM at Purasaiwalkam Annadhana Samajam.

### 16. Chennai Southeast:

- Combined Medical Camp along with Thiruvanmiyur Samithi held on Saturday 9th & 23rd May 2026 at Sakkarai Amma Temple--Beneficiaries 98, Sevadals participated 15 (7 Gents+8 Mahilas+1). Eye Check-up-- 38 Beneficiaries, Free Spectacle-23 Beneficiaries, Ortho Check-up-25 Beneficiaries, General Check-up-45 Beneficiaries, Cataract Surgery - 4 Beneficiaries Sevadals participated 17 (8 Gents+8 Mahilas+1 B.V Alumni)
- Buttermilk Seva was done full month of May in Adyar, AGS Colony, Besant Nagar, KB Nagar, Pallikaranai, Velachery and Vijaya Nagar Samithis.
- Pallikaranai Samithi conducted medical camp on 31 May 2026: 74 patients (46 Mahilas, 26 Gents, 2 children), 2 Doctors, Paramedics – 6 (1 Mahila and 5 Gents), Sevadals – 7 (1 Mahila and 6 Gents, Total new patients – 7, BP check – 72, Sugar check – 51. Total patient registrations crossed 1667

### 17. Cuddalore:

- Skill development program (Computer, Aari work, Tailoring, Mehandhi designing) has been conducted in Neyveli Sai Samithi and tailoring has been conducted in Chidambaram and Virudhachalam Sai Samithi.
- Medical camp conducted in 4 Samithis
- Distributed 450 kg Sai protein powder to HIV affected children across Cuddalore district and for pregnant ladies.

### 18. Tiruvallur East

- Sai protein is regularly distributed in adopted villages for pregnant / lactating women and children.
- Sai Kripa-Medical Camp was held at Ambattur Samithi Premises on 24/05/2026. Total beneficiaries: 114; Doctors offered seva: 11; Allied health care sevadals: 5; Total Sevadals: 25
- Buttermilk distributed to public considering the summer heat daily by 4 Samithis and weekly (Saturdays & Sundays) by 8 Samithis.

### 19. East Coast

- Sai Protein powder prepared and distributed by 3 Samithis. Approximately 100+ kgs prepared by Mahilas and distributed to the identified beneficiaries such as pregnant women, lactating mothers, children & elders and TB patients at Semmenchery.
- Amritha Kalasam distributed to 61 identified beneficiaries who are visually / physically challenged followed by Narayana seva on 23rd May 2026.
- Buttermilk seva was held by 3 Samithis to quench thirst as the scorching heat has begun.
- Monthly medical camp at an adopted old age home by Hiranandani Samithi on 30th May 2026 serving 40 elders. 5 sevadals participated in the seva.
- Snack and Milk seva on all Tuesday and Friday was conducted by Karanai Samithi and Bollineni bhajan Mandali. Total beneficiaries were 65+ children from Semmencherry. Sevadals participated – approx. 18.



## Sri Sathya Sai Seva Organisations, Tamil Nadu (North)

- Warm milk, peanut candy, Bananas, and Biscuits were distributed weekly by Sholinganallur Samithi to the economically weaker sections of people.

### 20. Mayiladuthurai

- Temple cleaning service was conducted at a Shivan temple at KeezhaSatanathapuram Sirkali on 30th May 2026. More than 30 sevadals actively participated in the cleaning seva.
- 14 Sevadal members actively participated in the Narayana Seva conducted on the Theemithi Utsavam held at Santhana Muthu Mariamman Temple, Puduthurai Sirkali on 22.05.2026. Around 720 people benefited from this Seva.
- Volunteers from our district rendered service as scribes for visually impaired students during their college examinations conducted from 25th to 29th May 2026.

### 21. Chennai South

- Jabla Distribution was done by 7 Samithis in the month of May. 400 got benefitted.
- On 17th May, Monthly Medical Camp was conducted by Egmore Samithi. 30 beneficiaries and 8 sevadals participated.
- On 9th May, Annai Arulalayam Home was visited by members of Royapettah Samithi. Sai Bhajan and snacks distribution done at Home
- On 2<sup>nd</sup> May, Sai grocery and hygiene products distributed to Charu Homes for aged by Brindavan Samithi

### 22. Puducherry

- Assistance in kind was given to two Mahilas who lost their spouse, for strengthening the existing Petty shop and vegetable shop respectively for upliftment of their livelihood.



### Education Wing Activities

#### 23. Tiruvallur East

- Summer course on Indian Culture & Spirituality was conducted at Ambattur Samithi on 31-May-2026. 12 Gurus, 44 Bal Vikas Children, 14 Non-Bal Vikas Children, 10 alumni and 30 Parents & members attended the same.

#### 24. Tiruvallur West

- Padha Pooja for Bal Vikas parents and Butter milk seva across district with participation of BV children happened during the month of May.



## Sri Sathya Sai Seva Organisations, Tamil Nadu (North)

### 25. Chennai South:

- On 2nd May, Bal Vikas Summer Camp was conducted by Mylapore Samithi. 37 students participated.
- On 3rd May, Bal Vikas Summer Camp was conducted by Icehouse Samithi. 40 students participated.

### 26. Mayiladuthurai:

- We successfully inaugurated two new Bal Vikas Centres on 10th and 17th May 2026 at Melapermpallam and Mela Maruthanthanallur. Students from both villages actively participated in the Bal Vikas classes conducted by our Gurus. Encouraged by the enthusiastic response, we have planned to conduct Bal Vikas classes regularly every week at both centres to nurture the spiritual and moral development of the children.



### 27. Puducherry:

- 01/5/2026 to 05/5/26 — 16th Year summer programme on Indian culture and spirituality was conducted at Sai Krishna containing different sessions, as District programme. 50 students participated and benefitted from the programme.

### 28. Chennai NorthWest:

- May 3 - Spiritual tour was organised by Ashtalakshmi Nagar Samithi for Bal Vikas students & Parents where they visited Sundaram, Ashtalakshmi Nagar, Iskon temple etc. 2 buses were arranged for the same.
- Summer camp for students aged 5 to 15 yrs was conducted at Annanagar Samithi where 22 children participated. 3 gurus & 3 youths also supported this summer course.
- Throughout May Bal Vikas students supported Butter milk distribution at many Samithis.
- Pre Seval. 3 boys & 2 girls participated in Prashanti seva.
- Throughout May, Bal Vikas students supported Butter milk distribution at many Samithis.

### 29. Chennai West:

#### • Prasanthi Seva – Pre-Seval Participation

With Swami's Divine Grace, Pre-Sevaldals from Chennai West District were blessed with the opportunity to undertake Prasanthi Seva in two batches from 30 April to 15 May 2026. A total of 119 boys participated in this sacred initiative, with selected volunteers rendering Data Entry Seva at the Sri Sathya Sai Institute of Higher Learning Library, while others were assigned service responsibilities across four canteens in Prasanthi Nilayam.

Aum Sri Sairam



## Sri Sathya Sai Seva Organisations, Tamil Nadu (North)

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Jai Sai Ram